



**Indiana
Department
of
Health**

Drug Overdose Prevention Newscast

Nov 22, 2022

Updates

New “Believe in You” Empowerment Program for Youth

This month, the Indiana Family and Social Services Administration (FSSA) launched a campaign designed to support Hoosier youth. “Believe in You” is a program that pairs at-risk youth with a sponsor and equips them with resources about alcohol and substance misuse. The aim of the program is to help adolescents develop mental strength and hone their coping and self-control skills. Participants in the campaign will receive weekly text messages, education, polls, and links to online videos. With instant access to a variety of mental health resources, FSSA representatives hope that this campaign will fill an unmet need and mitigate long-term impacts of substance misuse. Details about the campaign and information about how to opt-in are available online.

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New Substance Use Disorder Treatment Facility Coming to Seymour

A new substance use disorder treatment facility is slated to open in Seymour. Tennessee-based Landmark Recovery Services plans to close on the purchase of a former men’s housing complex and begin making necessary renovations to accommodate 80 patients. To date, Landmark Recovery Services operates five treatment facilities in Indiana, including Carmel, Mishawaka, Bluffton, and two in Indianapolis. Chrycilis Perry, public relations specialist for Landmark Recovery Services, said the location of the Seymour facility is ideal, providing proximity for both Indianapolis and Louisville patients. “One of Landmark Recovery’s key tenets is eliminating barriers to treatment. Their recovery process includes special emphasis on patients with dual diagnosis of mental health disorders and sustaining their alumni program for continued connection beyond treatment. More information on the upcoming Seymour Landmark Recovery location is available online.

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New Grant to Fund Opioid Study of Racial Disparities in Indianapolis

The U.S. Department of Health and Human Services has granted IU School of Public Health a \$1.7 million grant to investigate the roles of structural racism and stigmatization play in Black opioid overdose deaths. According to the CDC, Black Americans are twice as likely to die from opioid-related overdoses compared to white Americans, and Black Americans have the lowest treatment rates. Overdose Lifeline, an Indianapolis-based not-for-profit organization, is a community partner for the grant. They report significant racial disparities in naloxone distribution. Charlotte Crabtree, program assistant for Overdose Lifeline, hopes the study will help key organizations step up and deliver the appropriate treatment services for Black communities in Indianapolis. Go online for more information about the study.

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Upcoming Events

Theory and Practice of Motivational Interviewing

9 a.m. – Noon EST, Nov. 28

Hosted by: Northeast & Caribbean ATTC

Motivational interviewing is an evidence-based technique that helps clients evoke intrinsic feelings of change. In this virtual session, participants will discuss the core components of motivational interviewing and how to practice it in the context of substance use. To get the certificate of completion at the end of the session, participants must keep their cameras on and actively participate.

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Building Resiliency

8:45 a.m. – 11 a.m. CST, Nov. 29

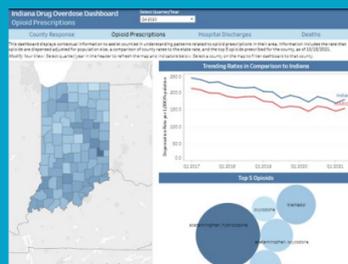
Hosted by: Great Lakes MHTCC

Resiliency refers to an individual’s ability to adapt to changes and withstand stress. Due to hectic work schedules and busy personal lives, a vast majority of people struggle with resiliency. In this session, Warren Duncan will lead participants through exercises that will identify signs of stress, how physical health is intertwined with resiliency, and strategies to counter negative thinking. Duncan is a Program Director for a Minnesota nonprofit, and he has experience with topics such as homelessness, harm reduction, and de-escalation techniques.

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Indiana Drug Overdose Dashboard

Please visit the [Indiana Drug Overdose Dashboard](#), where you will find data from 2017 up to provisional data for 2021. In this dashboard, you will find data regarding opioid prescriptions, hospital discharges, and drug-related deaths. You can use this dashboard to explore overdose data at the county and state levels.



To **promote**, **protect**, and **improve** the health and safety of all Hoosiers

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